

Spring Class Timetable

Also see our event listings online



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Baby and Toddler Gym (N) 9am (2h) Canopy 2 Under 30m	Baby and Toddler Gym (N) 9am & 1130 Canopy 2 Under 30m	Baby and Toddler Gym (N) 9am, 11:30 & 2pm Canopy 2 Under 30m	Baby and Toddler Gym (N) 9am & 11:30 Canopy 2 Under 3s	Baby and Toddler Gym (N) 9am, 1130 & 2pm Canopy 2 Under 30m
Wrens Playgroup (N) 9-11am 11:30-1:30pm 2-4pm The Den 18m+	Wrens Playgroup (N) 9-11am 11:30-1:30pm 2-4pm The Den 18m+	Wrens Playgroup (N) 9-11am 11:30-1:30pm 2-4pm The Den 18m+	Time 4 Twos playgroup (N) 9am-11am The Den 2 years+	Wrens Playgroup (N) 9am-11am 11:30-1:30pm 2pm-4pm The Den 18m+
Creative Wings (N) 9:30am (90m) The Nursery 30m+	Balance Kids Yoga (N) 9:30-10am (18m+) 10:05-1035 (Non walkers)	Sunshine Singing (E) 09:30-10:15 Canopy 1 4 and under	Baby College (E) 10:30/11:30/ 12:30 (45m) Canopy 1	Tippy Toes (N) 9:30-10am Canopy 1 with Natalie
Infant Massage (course) (N) 11:15am Canopy 2	Garden Playgroup (N) 9:30-11:30 Mixed ages Nursery Garden	Parent & Baby Yoga (E) 11 & 12pm (45m) Canopy 1 Mixed ages	Wrens Playgroup (N) 11:30-1:30pm & 2pm-4pm The Den	Moving Mamas (E) 10:30-11:30am Canopy 1
MOB's (Mothers of new babies meet) (N) 2pm (2h) The Snug	Post Natal Pilates (E) 12pm (50m) Canopy 1 Tiny Baby and Mum	Postnatal Yoga (E) 1-1:50pm Canopy 1	BAM's (Books & mums Social) (N) 2-4pm Canopy 2	Buggy Fitness (N) 3:30pm (45m) Outside the entrance
Nest Bakes (N) 3:15pm (75m) The Nursery Ages 3-5y	BAM's (Books & mums Social) (N) 2-4pm Canopy 2	Ukebox Ukelele (N) 1:30-4pm The Den (Stay and play in the Wrens playgroup)	Little Green Fingers (N) 230pm (90m) Garden 3-5s	Garden Playgroup (N) 11:30-13:30 Mixed ages
Niki G Pregnancy Pilates (E) 6:30-7:30pm Canopy 1	Julie's Prenatal Yoga (E) 18:15-19:30pm Canopy 1	Cygnets After School Art Class (E) 4:30-5:30pm The Den Ages 5-12y	Cygnets After School Art Class (E) 4:30-5:30pm The Den Ages 5-12y	MOB's (Mothers of new babies meet) (N) 2pm (2h) The Snug

N = Nest Club own classes - Pay as u go or included in our passes and Monthly Memberships E = Book with external provider

