

# Winter Class Timetable

Also see our event listings online



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Baby and Toddler Gym (N)</b> 9am & 11:30 (2h) Canopy 2 Under 30m	<b>Baby and Toddler Gym (N)</b> 11:30 (2h) Canopy 2 Under 30m	<b>Baby and Toddler Gym (N)</b> 9am, 11:30 & 2pm Canopy 2 Under 30m	<b>Baby and Toddler Gym (N)</b> 9am & 11:30 (2h) Canopy 2 Under 3s	<b>Baby and Toddler Gym (N)</b> 11:30 (2h) Canopy 2 Under 30m
<b>Wrens Playgroup (N)</b> 09am - 12:30 & 13:30 - 4 pm The Den 24m+	<b>Wrens Playgroup (N)</b> 9am - 12:30 The Den 24m+	<b>Wrens Playgroup (N)</b> 09am - 12:30 & 13:30 - 4 pm The Den 24m+	<b>Time 4 Twos playgroup (N)</b> 9am - 12:30 The Den 2-year-olds	<b>Wrens Playgroup (N)</b> 09am - 12:30 & 13:30 - 4 pm The Den 24m+
<b>Creative Wings (N)</b> 09:30 am (90m) The Nursery 30m+	<b>Balance Kids Yoga</b> 9:30 (non walkers includes gym 9am to 11am) 10:05 (18m +)	<b>Pro Tots multisports (N)</b> 09:20 am (30m) Garden 2.5-5 years	<b>Creative Wings (N)</b> 09:30 (90m) The Nursery 30m+	<b>MOB's (Mothers of new babies play group) (N)</b> 2pm (2h) Canopy 2 <6 months
<b>Tippy Toes (N)</b> 10am (30m) Canopy 1 30m+	<b>Post Natal Pilates (E)</b> 11 & 12pm (50m) Canopy 1 Tiny Baby and Mum	<b>Sunshine Singing (E)</b> 09:30 (30m) Canopy 1 4 and under	<b>Baby College (E)</b> 10:30/11:30/12:30 (45m) Canopy 1 0m to 18m	<b>Mum Bop (E)</b> 09:30 Canopy 1 All ages
<b>Pregnancy Meet</b> 12:30pm (90m) Cafe Expectant parents	<b>Nurture at the Nest (E)</b> 13:30 (1h30m) The Snug 0 to 12m	<b>Parent &amp; Baby Yoga (E)</b> 11am (1h) Canopy 1 Mixed ages	<b>Wrens Playgroup (N)</b> 1:30 - 4 pm The Den 30m+	<b>Steph Story Sacks (N)</b> 10am (30m) The Snug 30m+
<b>MOB's (Mothers of new babies play group) (N)</b> 2pm (2h) Canopy 2 <6 months	<b>BAM's (Books &amp; mums Social) (N)</b> 2-4pm Canopy 2	<b>Little Lingos (N)</b> 2:10pm (30m) Snug Mixed Age	<b>BAM's (Books &amp; mums Social) (N)</b> 2-4pm Canopy 2	<b>Moving Mamas (E)</b> 11am (1h) Canopy 1
<b>Nest Bakes (N)</b> 3:15pm (75m) The Nursery 3-5s	<b>Silly Science (N)</b> 2pm (1h) The Den 30m+	<b>Pregnancy Meet</b> 2:30pm (90m) Cafe Expectant parents	<b>Little Green Fingers (N)</b> 2pm (90m) Garden 3-5s	<b>Balance Kids Yoga</b> 14:00 (non walkers includes gym 2pm to 4pm) 14:45 (18m +)

N = Nest Club own classes - Pay as u go or included in our passes and Monthly Memberships E = Book with external provider

